



ANATOL J FM

The Anatolian Journal of Family Medicine

THE ANATOLIAN JOURNAL OF FAMILY MEDICINE

Volume 9 · Issue 1 · Year 2026

www.anatoljfm.org

The Anatolian Journal of Family Medicine is indexed in Sudoc, ZDB, OpenAlex, TUBITAK TR Index (2019), ProQuest (2020), EBSCO (2020), CEEAS (2021), Scopus (2021), OUCI (2021), Idealonline (2023) and DOAJ (2025)

TAHEV

TURKISH FOUNDATION OF FAMILY MEDICINE
www.tahev.org



EDITORS-IN-CHIEF

Can Öner

Kartal Dr. Lütfi Kırdar City Hospital, Department of Family Medicine, Istanbul, Türkiye

ASSOCIATE EDITORS

Anna Stavdal

*Department of Family Medicine, University of Oslo, Boteløkka Legesenter Family Health Centre, Oslo, Norway
President-Elect WONCA World and Past President WONCA Europe*

Mehmet Sargın

Istanbul Medeniyet University Faculty of Medicine, Department of Family Medicine, Istanbul, Türkiye

Yeşim Uncu

Uludağ University Faculty of Medicine, Department of Family Medicine, Bursa, Türkiye

COORDINATOR EDITORS

Beyza Arpacı Saylar

Eyüpsultan District Health Directorate, Istanbul, Türkiye

Şevin Demir

Maltepe University Faculty of Medicine Hospital, İstanbul, Türkiye

Ayşe Gülek

Siverek State Hospital, Şanlıurfa, Türkiye

Ebru Uğraş

Ankara Yıldırım Beyazıt University Faculty of Medicine, Department of Family Medicine, Ankara, Türkiye

Nur Şimşek Yurt

Samsun Training and Research Hospital, Family Medicine Clinic, Samsun, Türkiye

LANGUAGE EDITOR

İsmet Tamer

Acibadem Healthcare Group, Istanbul, Türkiye

STATISTICS EDITOR

Ekrem Orbay

Siirt University Faculty of Medicine, Siirt, Türkiye

SECRETARY

Burak Ölmez

Sinanpaşa Küçükhüyük Family Health Centre, Afyonkarahisar, Türkiye



OWNER

Prof. İlhami Ünlüoğlu, MD.

On behalf of Turkish Foundation of Family Medicine (TAHEV)

Address: Merkez Mah., Abide-i Hürriyet Cad., No:64-66, Şişli – İstanbul, Türkiye

Phone: +90 212 234 34 55

Fax: +90 212 296 85 50

E-mail: ilhami.unluoglu@tahev.org

EDITOR(S)-IN-CHIEF

Prof. M.D. Can Öner

Address: Merkez Mah., Abide-i Hürriyet Cad., No:64-66, Şişli – İstanbul, Türkiye

Phone: +90 212 234 34 55

Fax: +90 212 296 85 50

E-mail: drcononer@gmail.com

PUBLISHER

Kare Publishing

Address: Göztepe Mah. Fahrettin Kerim Gökay Cad. No: 200 Da: 2, Göztepe, Kadıköy, İstanbul-Türkiye

Phone: +90 216 550 61 11

Fax: +90 216 550 61 12

E-mail: kare@karepb.com

Web: www.karepb.com

Publications Coordinator: Burak Türe

Graphic Design: Zeynep Koyun

HEAD EDITORS

Prof. M.D. Can Öner: drcononer@gmail.com (Kartal Dr. Lütfi Kırdar City Hospital, Department of Family Medicine, İstanbul, Türkiye)



Mehmet Akman Prof., M.D., MPH.,

Department of Family Medicine, Marmara University Medical Faculty, Türkiye

Associate Editor of Primary Health Care Research & Development The WONCA Working Party on Research (incoming Chair)

Seçil Günher Arıca, Prof., M.D.,

Department of Family Medicine, Medical Faculty, University of Health Sciences, Türkiye

Radost Asenova, Assoc. Prof.,

Department of General Medicine, Medical University Plovdiv, Bulgaria

Okcan Basat, Prof., M.D.,

Department of Family Medicine, Medical Faculty, University of Health Sciences, Türkiye

Carmen Busneag, Assoc. Prof., M.D.,

Family Medicine Office, Spiru Haret University, Romania

Ayşe Çaylan, Prof., M.D.,

Department of Family Medicine, Trakya University School of Medicine, Türkiye

Nezih Dağdeviren, Prof., M.D.,

Department of Family Medicine, Trakya University School of Medicine, Türkiye

Yeltekin Demirel, Prof., M.D.,

Department of Family Medicine, Medical Faculty, Sivas Cumhuriyet University, Türkiye

Felicity Goodyear-Smith, Prof., M.D.,

Department of General Practice & Primary Health Care, Faculty of Medical & Health Science, University of Auckland, New Zealand

Raquel Gomez Bravo, PhD. M.D.,

Integrative Research Unit on Social and Individual Development, Institute for Health and Behaviour, University of Luxembourg

Zaim Jatic, Assoc. Prof. M.D.,

Head of Family Medicine Department at University of Sarajevo, Faculty of Medicine, Bosnia and Herzegovina

Cristos Lionis, Prof. M.D.,

Clinic of Social and Family Medicine, School of Medicine, University of Crete, Heraklion, Greece

Valentina Madjova, Prof. M.D.,

Department of Family Medicine Medical University of Varna, Bulgaria

Jan De Maeseneer, Em. Prof., M.D., Ph.D.,

Department of Public Health and Primary Care, Ghent University, Belgium

Kamile Marakoğlu, Prof., M.D.,

Department of Family Medicine, Selçuk University Medical Faculty, Türkiye

Biserka Bergman Markovic, Em. Prof., M.D.,

Department of Family Medicine, University of Zagreb, School of Medicine, Croatia

M. Mümtaz Mazıcıoğlu, Prof., M.D.,

Department of Family Medicine, Erciyes University Medical Faculty, Türkiye

Shabir Moosa, Assoc. Prof., M.D.,

Department of Family Medicine and Primary Care, University of Witwatersrand, South Africa

President of WONCA Africa

Ekrem Orbay, Prof., M.D.,

Department of Family Medicine, Siirt University Medical Faculty, Türkiye



Danica Rotar Pavlic, Assoc. Prof., MD.,

Department of Family Medicine, University of Ljubljana, Slovenia

Esra Saatçi, Prof., M.D.,

Department of Family Medicine, Çukurova University Medical Faculty, Türkiye

President of Turkish Association of Family Physicians (TAHUD)

Ljubin Shukriev, Prim. Dr., M.D.,

Centre for Family Medicine, Medical Faculty Skopje, North Macedonia

President of Association of GP/FM South-Eastern Europe

Katarina Stavric, Prof. Dr., M.D.,

Children Hospital Skopje, Macedonia, Vodnjanska 17, University "Ss Cyril and Methodius", Skopje, Republic of Macedonia

Dilek Toprak, Prof., M.D.,

Department of Family Medicine, Okan University Medical Faculty, Türkiye

Pınar Topsever, Prof., M.D.,

Department of Family Medicine, Acıbadem University School of Medicine, Türkiye

Vice Chair of Primary Care Diabetes Europe (PCDE)

Mehmet Uğurlu, Em. Prof., M.D.,

Department of Family Medicine, Ministry of Health Ankara City Hospital, Türkiye

Mehmet Urgan, Prof., M.D.,

Department of Family Medicine, Ankara University Medical Faculty, Türkiye

President of WONCA Europe

Pemra Ünal, Prof., M.D.,

Department of Family Medicine, Marmara University Medical Faculty, Türkiye

Executive Board Member of EGPRN

İlhami Ünlüoğlu, Prof., M.D.,

Department of Family Medicine, Eskişehir Osmangazi University Medical Faculty, Türkiye

Zeynep Tuzcular Vural, Assoc. Prof., M.D.,

Department of Family Medicine, Haydarpaşa Numune Training and Research Hospital, Türkiye

Natalia Zarbailov, Assoc. Prof., M.D.,

Department of Family Medicine, State University of Medicine and Pharmaceutics, Nicolae Testemitanu, Moldova



The Anatolian Journal of Family Medicine is published in accordance with the principles of independent, unbiased, and double-blinded peer review. It publishes original research related to clinical, experimental and basic sciences on family medicine and primary health care, editorial comments, reviews covering current issues, educational articles, scientific letters, case reports, letters to the editor, original images, articles on history of medicine and publication ethics, diagnostic puzzles, and interviews deemed appropriate for the purposes and scope of the journal.

Three issues are released every year in April, August and December. The language of publication is English.

The journal evaluates only the manuscripts submitted through its online submission system on the web site <http://www.anatoljfm.org>. Manuscripts sent by other means will not be accepted.

The primary conditions for the acceptance of manuscripts for publication are originality, scientific value and citation potential.

ABSTRACTING AND INDEXING

The Anatolian Journal of Family Medicine is indexed in DOAJ (2025), ProQuest (2020), TUBITAK TR Index (2020), EBSCO, OUCI and Scopus (2021).

PUBLISHING FEE

The Anatolian Journal of Family Medicine is an open access journal. Manuscripts are available on the journal web page at no cost. The Anatolian Journal of Family Medicine does not charge any article submission or processing fees."

STATEMENTS AND GUIDELINES

Statements

- All statements and opinions expressed in the manuscripts published in The Anatolian Journal of Family Medicine reflect the views of the author(s). All liability for the advertisements rests with the appropriate organization(s). The Turkish Foundation of Family Medicine, the Editor-in-Chief and KARE Publishing do not accept any responsibility for articles and advertisements.
- The manuscripts submitted to the journal, except abstracts, presentations, reviews and parts of these, should not have been accepted and published previously elsewhere in electronic or printed format. Manuscripts evaluated and rejected by other journals must mention any previous submissions and supply reviewer's reports. This will help to accelerate the evaluation process. If the submitted manuscript has been previously presented at a meeting, the name, date, city and country must be specified.
- The authors transfer all copyrights of the manuscript in the framework of national and international regulations to the Turkish Foundation of Family Medicine as of evaluation process. A Copyright Transfer Form signed by corresponding author in order must be submitted to the journal with manuscript. After acceptance of manuscript, all of authors must fill and sign Copyright Transfer form. A separate form for each manuscript should be submitted. Manuscripts submitted without a Copyright Transfer Form will not be accepted. In the case of rejection, all copyrights transfer to the authors again. Authors must confirm that they will not submit the work to another journal, publish it in the original or another language and or allow a third party to use the manuscript without the written permission of the Turkish Foundation of Family Medicine.
- All contents are the authors' responsibility. All financial liability and legal responsibility associated with the copyright of submitted tables, figures and other visual materials protected by national and international laws rest with the authors. The authors take responsibility for any legal proceedings issued against the journal.
- Rejected manuscripts will not be returned except for artwork.
- To clarify scientific contributions and responsibilities and any conflict of interest issues relevant to the manuscript, all parts of the 'Authors' Contribution' form must be completed by the corresponding author and the ICMJE Uniform Disclosure Form for Potential Conflicts of Interest must be completed online by all authors. Both forms should be included in the manuscript at the time of original submission.

Ethics

- All manuscripts will be vetted by the Editor-in-Chief's Office for possible plagiarism and duplication. Sanctions will be imposed in accordance with the guidelines of the Committee on Publication Ethics (COPE) when non-ethical issues arise. The authors must obtain the permission of the copyright holder for non-original tables, figures, graphs, images and other visuals.
- The authors should acknowledge and provide detailed information on any contributions in kind and financial support given by any foundations, institutions and firms before references section.
- An ethics committee report prepared in conformity with the WMA Declaration of Helsinki - Ethical Principles for Medical Research Involving Human Subjects and the Guide for the Care and Use of Laboratory Animals is required to be submitted with experimental and clinical studies, drug trial studies and some case reports. Authors may be asked by the Editor-in-Chief's Office for an ethics committee report or similar in other circumstances also. Manuscripts reporting the results of experimental studies must explain in detail all procedures which volunteer subjects and patients have undergone and a statement indicating that consent for the study has been obtained from all subjects should be included in the text. Animal studies should clearly specify how pain or discomfort has been relieved. We will be unable to accept research papers without this statement.

PREPARATION AND SUBMISSION OF MANUSCRIPTS

Manuscripts should be concise and clear.

Manuscript files should be prepared with Microsoft Office Word.

Please format your manuscript as follows:

- Use Times New Roman style, 12 punto, justified and double line spacing throughout (including reference list and figure legends).
- Leave 2 cm space from each edge of pages.
- Number all pages in the bottom-right hand corner, but do not use numbers for headings and /or subheadings.
- Define all abbreviations when first mentioned.
- Do not mention names and/or institutions of the authors within the main text except title page.

For further advice on manuscript preparation see the Guidelines published by the European Association of Science Editors.

The online submission system will direct authors during all stages of submission and provide necessary support for accelerating the submission process. A list of the files that should be supplied through the online submission system is provided below.

- Title Page, 2. Main Text, 3. Tables, Graphs and Figures, 4. Copyright Transfer Form

1. Title Page

Information about the authors and their institutions should not be included in the main text, tables, figures and video documents. Since submitted manuscripts are evaluated by the reviewers through the online system, personal identification is excluded in the interests of unbiased interpretation.

Thus, only information about the manuscript as specified below should be included on the title page. For each type of manuscript, it is mandatory to upload a title page as a separate Microsoft Word document through the online submission system. The title page should include the names of the authors with their latest academic degrees, and the name of the department and institution, city and country where the study was conducted. If the study was conducted in several institutions, the affiliation of each author must be specified with symbols. The correspondence address should contain the full name of the corresponding author, postal and e-mail addresses, phone and fax numbers. If the content of the manuscript has been presented before, the name, date and place of the meeting must be noted. Disclosure of conflict of interest, institutional and financial support, author contributions and acknowledgments should be included on the title page.

2. Main Text

Manuscripts should be prepared in accordance with the ICMJE-Recommendations for the Conduct, Reporting, Editing, and Publication of Scholarly Work in Medical Journals (updated in May 2022 - https://www.icmje.org/news-and-editorials/updated_recommendations_may2022.html). Authors are required to prepare manuscripts in accordance with the Consolidated Standards of Reporting Trials (CONSORT) guidelines for randomized research studies, the STrengthening the Reporting of Observational studies in Epidemiology (STROBE) guidelines for observational original research studies, the Standards for Reporting Diagnostic Accuracy (STARD) guidelines, the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines, the Animal Research: Reporting of In Vivo Experiments (ARRIVE) guidelines for experimental animal studies, and the Transparent Reporting of Evaluations with Non-randomised Designs (TREND) guidelines for non-randomized behavioral and public health evaluations. Authors are also expected to prepare their manuscripts following the CRISP guideline for improving the reporting of primary care research. The CRISP guidelines are available at URL: <https://crisp-pc.org/crisp-checklist/>.

A. Manuscript Types

- Original investigation
- Review
- Scientific letter
- Case report
- Original image
- Letter to the editor

B. References

C. Special Terms and Conditions

A. Manuscript Types

Original Research

- Title
- Structured Abstract: It should be structured with Objective, Methods, Results and Conclusion subheadings and should be limited to 250 words.
- Keywords: This section should contain a minimum of three and a maximum of six items in accordance with Medical Subject Headings (MeSH) terms prepared by the National Library of Medicine (NLM) and should be placed just below the abstract.
- Main Text: It should consist of Introduction, Methods, Results, Discussion, Limitations of the Study and Conclusion sections and should not exceed 5000 words excluding the references.
- References: The reference list should be provided following the Main Text. Limiting the number of references to 50 is usually sufficient.
- Tables, Figures and Images: They should be placed below the reference list and numbered according to their consecutive order in the main text.

Statistical Analysis:

Statistical analysis should be conducted in accordance with the guidelines on reporting statistical data in medical journals.

The software used for statistical analysis must be described. Data must be expressed as mean \pm standard deviation when parametric tests are used to compare continuous variables. For non-parametric tests, data must be expressed as median (minimum-maximum) or percentiles (25th and 75th percentiles). In advanced and complex statistical analyses, relative risk (RR), odds ratio (OR) and hazard ratio (HR) must be supported by confidence intervals and p values.

The outcomes of statistical analyses and interpretation of the results must be in evidence-based scientific language.

Review

- Reviews prepared by authors with extensive knowledge on a particular field, which has been reflected in international literature by a high number of publications and citations, are evaluated. The authors may be invited by the Editor-in-Chief. A review should be prepared in the format describing, discussing and evaluating the current level of knowledge or topic that is to be used in the clinical practice and it should guide further studies.
- Title
- Abstract: It should not include subheadings and should be limited to 250 words.
- Keywords: This section should contain a minimum of three and a maximum of six items in accordance with Medical Subject Headings (MeSH) terms prepared by the National Library of Medicine (NLM) and should be provided just below the abstract.

- **Main Text:** It should include Introduction, other subheadings and Conclusion sections and should be limited to 5000 words excluding the references.
- **References:** The reference list should be placed just below the main text and the number of references should not exceed 50.
- **Tables, Figures and Images:** They should be provided after the reference list according to their order of appearance in the text.
- The originality of the visuals included in the reviews should be assured by submission of an accompanying letter by the authors. Appropriate citation should be done for the visuals adapted from previously published sources, in accordance with the original versions of the printed or electronic copies. The written permission obtained from the copyright holder (publisher, journal or authors) should be sent to the Editor-in-Chief's Office.

Scientific Letter

- Manuscripts which announce a new scientific invention, are clinically significant, and are in the form of a preliminary report are accepted for publication as scientific letters.
- **Title**
- **Main Text:** It should include Introduction, other subheadings and Conclusion sections and should not exceed 900 words excluding the references.
- **References:** The reference list should be provided just below the main text and the number of references should be limited to 10.
- **Tables, Figures and Images:** They should be provided below the reference list according to their order of appearance in the text and should be limited to two.
- **Abstract and Keywords** should not be included.

Case Report

- Since a limited number of case reports is published, only reports which are related to rare cases and conditions that constitute challenges in diagnosis and treatment, offer new methods or suggest knowledge not included in books, and are interesting and educational are accepted for publication.
- **Title**
- **Main Text:** It should include Introduction, Case Report, Discussion and Conclusion sections and should not exceed 700 words excluding the references.
- **References:** The reference list should follow the main text and the number of references should be limited to 10.
- **Tables, Figures and Images:** They should be provided after the reference list according to their order of appearance in the text and should be limited to two.
- **Abstract and Keywords** are not included.

Letter to the Editor

- Letters to the Editor aim to discuss the importance of a manuscript previously published in the journal. This type of manuscripts should also include a comment on the published manuscript. Moreover, articles on topics of interest to readers within the scope of the journal, especially on educational issues, can be published in the format of a Letter to the Editor.
- **Title**
- **Main Text:** It should not include subheadings and it should be limited to 500 words.
- **References:** The reference list should follow the main text and the number of references should be limited to five. The volume, year, issue, page numbers, authors' names and title of the manuscript should be clearly stated, included in the list of references and cited within the text.
- **Abstract, Keywords, Tables, Figures and Images, and other visuals** are not included.

B. References

- References should be numbered in the order in which they are cited within the main text.
- Reference numbers should be written between square brackets in superscript at where they are cited in the main text.
- Only manuscripts published or accepted for publication should be cited.
- Recent publications related to the topic of the manuscript should be reviewed.
- References that are inaccessible and not indexed in any database should not be cited.
- The titles of journals should be abbreviated in accordance with (Patrias K. Citing medicine: the NLM style guide for authors, editors, and publishers [Internet]. 2nd ed. Wendling DL, technical editor. Bethesda (MD): National Library of Medicine (US); 2007 - [updated 2011 Sep 15; cited Year Month Day].
- For references with six and fewer authors, all authors should be listed. For references with more than six authors, the first six authors should be listed, followed by 'et al'.

The style and punctuation of the references should be formatted as in the following examples.

Journal: Muller C, Buttner HJ, Peterson J, Roskomun H. A randomized comparison of clopidogrel and aspirin versus ticlopidine and aspirin after placement of coronary artery stents. *Circulation* 2000;101:590-3.

Book Chapter: Sherry S. Detection of thrombi. In: Strauss HE, Pitt B, James AE, editors. *Cardiovascular Medicine*. St Louis: Mosby; 1974. p.273-85.

Book with Single Author: Cohn PF. *Silent myocardial ischemia and infarction*. 3rd ed. New York: Marcel Dekker; 1993.

Editor(s) as author: Norman IJ, Redfern SJ, editors. *Mental health care for elderly people*. New York: Churchill Livingstone; 1996.

Conference Paper: Bengissson S, Sothemin BG. Enforcement of data protection, privacy and security in medical informatics. In: Lun KC, Degoulet P, Piemme TE, Rienhoff O, editors. *MEDINFO 92. Proceedings of the 7th World Congress on Medical Informatics*; 1992 Sept 6-10; Geneva, Switzerland. Amsterdam: North-Holland; 1992.p.1561-5.

Scientific or Technical Report: Smith P, Golladay K. Payment for durable medical equipment billed during skilled nursing facility stays. Final report. Dallas (TX) Dept. of Health and Human Services (US). Office of Evaluation and Inspections: 1994 Oct. Report No: HHSIGOE 169200860.

Thesis: Kaplan SI. *Post-hospital home health care: elderly access and utilization* (dissertation). St Louis (MO): Washington Univ. 1995.

Manuscripts accepted for publication but not published yet: Leshner AI. Molecular mechanisms of cocaine addiction. *N Engl J Med* In press 1997.

Epub ahead of print articles: Aksu HU, Ertürk M, Gül M, Uslu N. Successful treatment of a patient with pulmonary embolism and atrial thrombus. *Anatolian J Cardiol* 2012 Dec 26. doi: 10.5152/akd.2013.062. [Epub ahead of print]

Manuscript published in electronic format: Morse SS. Factors in the emergence of infectious diseases. *Emerg Infect Dis* (serial online) 1995 Jan-Mar (cited 1996 June 5): 1(1): (24 screens). Available from: URL: [http:// www.cdc.gov/ncidod/EID/cid.htm](http://www.cdc.gov/ncidod/EID/cid.htm).

C. Special Terms and Conditions

- For double-blinded peer-review process, the names of the corresponding author and other authors, their affiliations and any information on the study centres should not be included in any part of the submitted manuscripts and images, except the Title Page. This information should be added to the relevant section of the online submission system and included in the Title Page.
- Pharmaceutical products should be written with their generic names and brand and company names, city and country should be specified for medical equipment and devices.

3. Tables, Graphs and Figures

- Tables, Graphs, Figures and other visuals should be numbered in the order of their citation within the text and names of patients, doctors and institutions should not be disclosed.
- Tables should be prepared in a Microsoft Office Word document using the command 'Insert Table' and inserted at the end of the references in the main text.
- Tables should not be submitted in JPEG, TIFF or other visual formats. For microscopic images, the magnification ratio and staining technique used should be specified in addition to figure legends.
- All visuals should have a high resolution (minimum 300 dpi).
- The thickness of the lines in graphs should be sufficient to minimize loss of quality if size reduction is needed during the printing process. The width of the graphs should be 9 cm or 18 cm. Drawings should be performed by professionals. No grey colours should be used.
- Abbreviations should be explained in alphabetical order at the bottom of the tables, graphs and figures
- Punctuation symbols should be used as *,†,‡,§,||,¶,**,††,‡‡ in an order.
- Roman numbers should be avoided in tables and figures within the text and their titles.
- Decimal numbers used in text, tables and figures should be separated by dots.
- Tables should be easily understandable and should not repeat the data in the main text.
- In addition to the pictures included in case reports and original images, video and movie images are published on the journal's website. These images should be prepared in MPEG format with a maximum size of 2 MB. They should be submitted to the journal with the manuscript documents. The names of patients, doctors, institutions and places should be omitted from all documents.

CHECK LIST

- The authors must obtain the permission of the copyright holder for non-original tables, figures, graphs, images and other visuals.
- Ethic committee approval must be obtained for all original articles.
- Preparation of manuscripts
- Use Times New Roman style, 12 punto, justified and double line spacing throughout (including reference list and figure legends).
- Leave 2 cm space from each edge of pages.
- Number all pages in the bottom-right hand corner, but do not use numbers for headings and /or subheadings.
- Define all abbreviations when first mentioned.
- Decimal numbers used in text, tables and figures should be separated by dots.
- Do not mention names and/or institutions of the authors within the main text except title page.
- Structured abstract should be structured with Objective, Methods, Results and Conclusion subheadings and should be limited to 250 words.
- Each keyword accordance with Medical Subject Headings (MeSH) terms prepared by the National Library of Medicine (NLM) and should be placed just below the abstract.
- Reference numbers should be written between square brackets in superscript at where they are cited in the main text.
- For references with six and fewer authors, all authors should be listed. For references with more than six authors, the first six authors should be listed, followed by 'et al'.
- Tables should be prepared in a Microsoft Office Word document using the command 'Insert Table' and inserted at the end of the references in the main text.
- Punctuation symbols should be used as *,†,‡,§,||,¶,**,††,‡‡ in an order.

OPEN ACCESS AND COMMONS USER LICENSES

Open Access

The Anatolian Journal of Family Medicine is an open access journal which means that all content is freely available without charge to the user or his/her institution. Users are allowed to read, download, copy, distribute, print, search, or link to the full texts of the articles, or use them for any other lawful purpose, without asking prior permission from the publisher or the author. This is in accordance with the BOAL definition of open access.

Commons User Licenses

By publishing in this Journal, the Authors and Co-Authors agree to transfer all the Copyright of the article to the Turkish Foundation of Family Medicine. A Copyright Transfer Form signed by corresponding author in order, must be submitted to the journal along with the manuscript. After acceptance of a manuscript, the Copyright Transfer form must be filled and signed by all authors. A separate form for each manuscript should be submitted. Manuscripts submitted without a Copyright Transfer Form will not be accepted. A Copyright Transfer Form is available at the journal's homepage (www.anatoljfm.org). The authors should acknowledge that the use of data, tables, figures, or videos (except for lecture) published in the Anatolian Journal of Family Medicine without written permission of the copyright holder is plagiarism, even if authors use them for their own papers. This work is licensed under a Creative Commons Attribution-NonCommercial 4.0 International License (CC BY-NC 4.0).



Volume 9 · Issue 1 · Year 2026

REVIEW

- 1 Artificial Intelligence-Driven Simulation Training in Medicine: A Contemporary Narrative Review

ORIGINAL ARTICLES

- 7 Evaluation of Rope Jumping and Strength Training in Children with Low Vision
12 Readability, Content Quality, and Reliability of Turkish Websites on Diabetes Mellitus
18 Perceived Social Support and its Determinants among Individuals with Substance Use Disorder: A Community-Based Cross-Sectional Study
25 Breast Cancer Knowledge and Awareness among Women in Two Socioeconomically Distinct Districts of Ankara

CASE REPORTS

- 33 Plethora of Characteristic Findings in Osteopetrosis: A Case Report
36 A Case of Malnutrition Inflammation Atherosclerosis Syndrome in Home Care

LETTER TO THE EDITOR

- 39 The Interdisciplinary Role of Family Medicine in the Age of Infodemic